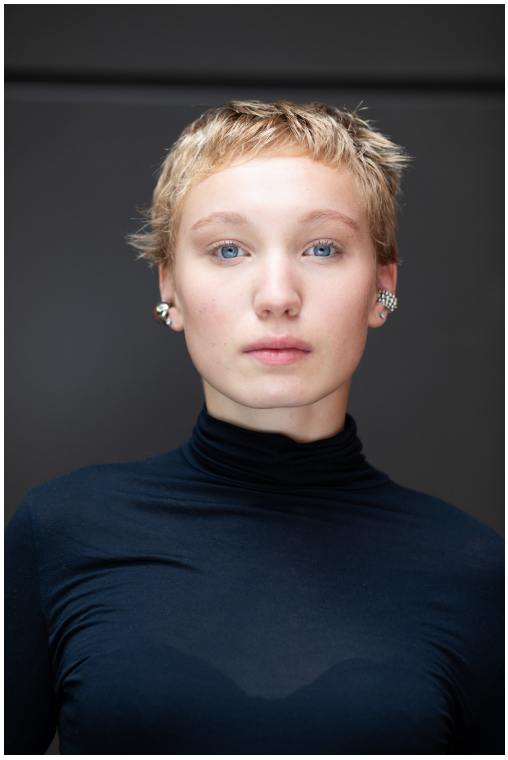
ABOVE THE LINE



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Helena Zengel

Website	https://helenazengel.com/
Languages	German: mother tongue English: fluent Spanish: basics
Dialects	Berlinerisch (Native Dialect)
Born	2008
Location	Berlin
Height	157 cm
Hair color	blonde
Eye color	blue
Nationality	German
Instrument	Piano
Dance	Breakdance
Sports	Figure skating, Athletics, Horse riding
Awards	THE LEGEND OF OCHI Jupiter Award - Nomination Best Actress (2026) DIE THERAPIE Jupiter Award - Nomination Best Actress (2024) NEWS OF THE WORLD Phoenix Film Critics Society Awards - Best Performance by a Youth (2021) NEWS OF THE WORLD Critics Choice Awards - Nominated for Best Young Actress (2021) NEWS OF THE WORLD Screen Actors Guild Award - Nominated for Outstanding Performance by a Female Actor in a Supporting Role (2021) NEWS OF THE WORLD Golden Globes - Nominated for Best Performance by an Actress in a Supporting Role (2021) SYSTEM CRASHER Deutscher Filmpreis - Best Actress Leading Role (2020) SYSTEM CRASHER European Film Award - Nominated for Best European Actress (2019)
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Filmography

2026	EXPLODING DUCKS	Production: Port au Prince Film & Kultur Produktion (Distributor: Port au Prince Pictures) Director: Matthias Glasner
2025	WESTEND GIRL	WDR/Arte Production: Flare Film (Distributor: Beta Film)
2024	BLOODY TENNIS	Production: augenschein Filmproduktion, ZDF (Distributor: Port au Prince Pictures) Director: Nikias Chryssos
	INTIMATE - SEASON 2	JOYN/Pro7 Production: Kleine Brüder Director: Bruno Alexander, Emil Belton, Oskar Belton, Leonard Fuchs
2023	TRANSAMAZONIA	Production: Cinéma Defacto,Pandora Film Produktion, Point Prod, Cabocla Filmes (Distributor: Pandora Film Verleih) Director: Pia Marais
2022	DIE THERAPIE	Amazon Production: Ziegler Film Director: Thor Freudenthal, Ivan Sáinz-Pardo **Jupiter Award - Nomination Best Actress (2024)**
2021	THE LEGEND OF OCHI	Production: Neighborhood Watch, A24, AGBO, Access Entertainment, Encyclopedia Pictura, IPR.VC, Year of The Rat (Distributor: A24, Studio Canal) Director: Isaiah Saxon **Jupiter Award - Nomination Best Actress (2026)**
	CHRISTMAS NUMBER ONE	Sky Production: Genesius Pictures, Lupus Films, Space Age Films Director: Chris Cottam

2019	NEWS OF THE WORLD	Production: Universal Pictures, Pretty Pictures, Playtone Productions (Distributor: Universal Pictures) Director: Paul Greengrass **Phoenix Film Critics Society Awards - Best Performance by a Youth (2021)** **Critics Choice Awards - Nominated for Best Young Actress (2021)** **Screen Actors Guild Award - Nominated for Outstanding Performance by a Female Actor in a Supporting Role (2021)** **Golden Globes - Nominated for Best Performance by an Actress in a Supporting Role (2021)**
	INGA LINDSTRÖM - FAMILIENFEST IN SOMMERBY	ZDF Production: Bavaria Fiction Director: Stefanie Sycholt
2017 - 2018	SYSTEM CRASHER	Production: Weydemann Bros., Kineo Filmproduktion Peter Hartwig, Oma Inge Film, ZDF - Das kleine Fernsehspiel (Distributor: Beta Cinema, Port au Prince Pictures) Director: Nora Fingscheidt **Deutscher Filmpreis - Best Actress Leading Role (2020)** **European Film Award - Nominated for Best European Actress (2019)**
2016	DARK BLUE GIRL	Production: Filmakademie Baden-Württemberg, Filmuniversität Babelsberg Konrad Wolf (Distributor: aug&ohr medien, Missing Films Acrivulis & Severin) Director: Mascha Schilinski
	BABY BICHKA	Production: DFFB Deutsche Film- und Fernsehakademie Berlin Director: Anna Maria Roznovska
	DER GUTE BULLE	ZDF Production: Network Movie Film- und Fernsehproduktion Director: Lars Becker
	DIE SPEZIALISTEN - FLOWERPOWER	ZDF Production: UFA Fiction Director: Kai Meyer-Ricks
2015	LOOPING	Production: Jost Hering Filmproduktion, Filmuniversität Babelsberg Konrad Wolf (Distributor: Salzgeber & Co. Medien) Director: Leonie Krippendorf
	ROUTE B96	Production: Filmuniversität Babelsberg Konrad Wolf Director: Simon Ostermann
	DIE SPEZIALISTEN - SOMMERMÄRCHEN	ZDF Production: UFA Fiction Director: Gero Weinreuter

2013	SPREEWALDKRIMI - MÖRDERISCHE HITZE	ZDF Production: Aspekt Telefilm-Produktion Director: Kai Wessel

Other

2019	JURY MEMBER OF FILMFESTIVAL SEHSÜCHTE	
2014	ERSTMAL ZU PENNY	Production: Scholtz & Friends Rundfunkspot
2014	TSCHÜSS ALLES	Production: HFF München Social Spot
2013	ABBY	Production: Wolf&Lamm Production Musikvideo